



Current STOP Trainers

 Jeannie Gordon Author of STOP	Director of the Ministry of Parenting CIC, Jeannie is the Senior Project Development Practitioner for the Incredible Years projects. Jeannie trained as a psychiatric nurse with both residential and community experience of working with young children, adolescents, and their families. Since 1987, she has worked in a multi-agency setting offering a variety of parenting programmes; these include all the Webster Stratton Incredible Years Parenting Programmes. Jeannie is the author of the FLASH (Families learning about Self-Harm) programme. Coauthor of the Pit-STOP programme and SHARPS (Supporting Holistic Approaches - Risk, Parents and Self-Harm) programmes. Jeannie is a trainer in Group Skills.
 Debbi Barnes - Level 4 STOP Trainer	Director of the Ministry of Parenting CIC, Head of Safeguarding and Chair Ministry of Parenting's Parents Advisory Group. Debbi is the Senior Project Development Practitioner for the SAAIF and RAP projects. Debbi studied as a Counsellor, worked with Essex County Council as an Education Welfare Officer, and went on to become the County's first Family Support and Liaison Worker. From there she went on to train as a social worker at ARU in Chelmsford. Once qualified she worked with children with mental health problems. Debbi is a trainer in the FLASH (Families learning about Self-Harm) and co-author of the Pit-STOP & SHARPS (Supporting Holistic Approaches - Risk, Parents and Self-Harm) programmes. Debbi is also a trainer in the Group Skills programme.
 Jacqui Hewitson STOP level 3 trainer	Independent STOP trainer for Essex. Jacqui has been working with and supporting families, children, and young people for more than 35 years. This has been in the statutory and voluntary sector focused on early intervention and community based social action projects for Spurgeon's Childcare, Luton Borough Council and Buckinghamshire County Council. She studied Counselling, and Child Focused Systemic Practice. She is trained in a wide variety of parenting programmes, including Incredible Years, STOP, FLASH and Triple P. She is a FLASH and Group Facilitation Skills trainer currently living in Essex.



Shelly Steel
STOP Level 3 trainer

Independent STOP trainer for Essex. Shelly currently works as a CAMHS practitioner in Essex. Prior to this role, she had worked with children, young people, and their families since 2005. Her previous experience in the education sector included student safeguarding, behaviour management, and well-being. She then worked at a national children's charity where she supported children who were 'missing' before developing and managing a service to support families whose children were living with or at risk of exploitation. Shelly is also a FLASH and SHARPS trainer.



Jaclyn Thomas
STOP level 3 trainer

Independent STOP trainer for Essex and director of BRAINS Wellbeing CiC. Jaclyn has been working in education since 2008 across primary and secondary age groups. She has particular interest in working with families with neurodiversity and also families in the LGBTQIA+ community. Jaclyn is a trainer in FLASH (Families Learning About Self-Harm), Pit STOP and the Incredible years.



Liz Eyre – STOP Level 3 Trainer

Liz is the Countywide Parenting Manager for East Sussex County Council's Parenting Team, overseeing the delivery and development of evidence-based parenting support across the county. She has extensive experience in managing teams, supervising practitioners, and delivering programmes including Triple P, STOP, the New Forest Parenting Programme, Incredible Years, Amity (Reducing Parental Conflict) and Pit STOP. Liz originally trained in Drama, Applied Theatre and Education at Central, applying creative and educational methods to empower families and communities. Alongside her local authority role, Liz co-founded Ensemble Productions, a community theatre charity supporting inclusion and mental health. Liz is passionate about using accessible, engaging approaches to support parents and carers, with a strong focus on neurodiversity, early intervention, and positive family relationships.

Linda McCann (awaiting photo)
STOP level 3 trainer

Independent STOP trainer for Berkshire.



Hayley Cook
STOP level 3 trainer

Independent STOP trainer for Buckinghamshire.

STOP Peer Supervision

Level 3 STOP trainers who are not currently offering training due to current job roles but are permitted to provide STOP peer supervision.

East Sussex	Mark Woodgate
	Scott Brunton