



FLASH Facilitator Training

The FLASH training is for multi-disciplinary practitioners working with parents of children aged 11-17 years who are showing signs, or behaviours of self-harming. FLASH is a ten-week parent group programme for parents of young people who are exhibiting self-harming behaviour, with those behaviour's impacting on the whole family. The FLASH programme also has protocols for delivering the programme online. ALL attendees on this training must be working with a family/families where self-harm is evident.

This multi-agency training course aims to give professionals the values and key principles, of the FLASH programme alongside the delivery content of the actual programme. This will enable course participants to:

- Understand the basic approaches for implementing a FLASH parenting group programme
- Have a wider knowledge, awareness and understanding of self-harm behaviours in young people
- Provide practical strategies for parents

The latest FLASH manual is included in the price; the manual is the only resource required to implement the group, therefore, no further costs are needed to run the programme

Training Dates: 13th 14th and 15th July 2026

Venue: The Oaktree Community Hall, Colchester, CO4 3DH, Essex

Time: 9.00 coffee, 09.15 start – 16:30 finish

Cost: £ 450

(10% discount given if 3 or more staff from one service apply. 10% discount given to charities and CIC's)

To apply for a place, please complete our training application form

<https://theministryofparenting.com/resource-form/training-application-form/>

For more information, please contact The Ministry of Parenting (CIC)

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