



THE
MINISTRY OF
PARENTING



Families Learning
about *Self Harm*

TRAINING EVALUATION REPORT

Trainers: Debbi Barnes & Luke Webb

Venue: Winchester

Dates of training: 24th October 2024

Training commissioning service:

FLASH (Families Learning About Self-Harm) Training feedback.

6 trainees completed the 1-day FLASH training. All had completed the 3-day SHARPS training.

6 completed the online training evaluation feedback forms in full.

Overall training N= 6

How useful was the training for you?

- 5 said – all of the training was useful.
- 1 said – most of the training was useful

Did you find the training enjoyable?

- 5 said- all of it of enjoyable
- 1 said- most of it was enjoyable

How long before you will be using this content of the training in your practice?

- Foreseeable
- Until I am no longer working with young people
- I feel like it can mostly be used through my practice, or as long as it is up to date.
- Elements for sure in future practice.
- Unable to know at this time
- Whilst I work in CAMHS and in any role that requires me to work with families that need support with learning about self-harm

What part of the training did you get the most from?

- Learning from other people and the activities
- As much as the skills practice is uncomfortable, I found not being able to have time to think about it really useful. I feel all of the training is going to help my work with young people.
- It was helpful delivering some bits of the training, to get an idea of what it may look like.
- "I" statements. Creative exercises/tasks. Working alongside colleagues.
- Practicing skills to peers
- Putting into practice the sessions - getting to practice how I would talk, show and involve others in my teaching

How would you describe the teaching style?

- Fun and informative

- Teaching style was good and adaptable for everyone.
- Helpful, interactive, collaborative.
- Passionate. Creative
- Inclusive
- I liked how Debbi and Luke shared the teaching role, they were really engaging and thoughtful with how to include everyone in the training.

Is there anything that can be done to improve the training?

- No x 5
- It was perfectly pitched and delivered

Any other comments?

- Great training, very interesting, and I think it will be very useful whether I eventually could run the group or whether I take things away to use in my practice.
- Fabulous course! The delivery and expertise of the facilitators kept me engaged and I am keen to apply this to practice with a view to facilitating courses

Group Photo



For more information, please contact adminstartion@theministryofparenting.com