



THE
MINISTRY OF
PARENTING

Incredible years Finland October 2025 Feedback report

We delivered Time out, update your skill and peer workshop session to Incredible Years group leaders in Finland.

Date: 6th & 7th October 2025

Incredible Years Mentor: Jeannie Gordon

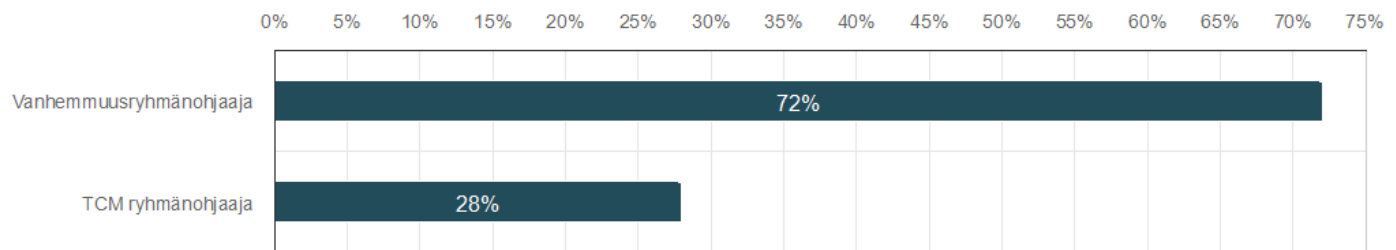
Trainers supporting: Debbi Barnes

Feedback from the workshops

Total number of respondents: 25

I am:

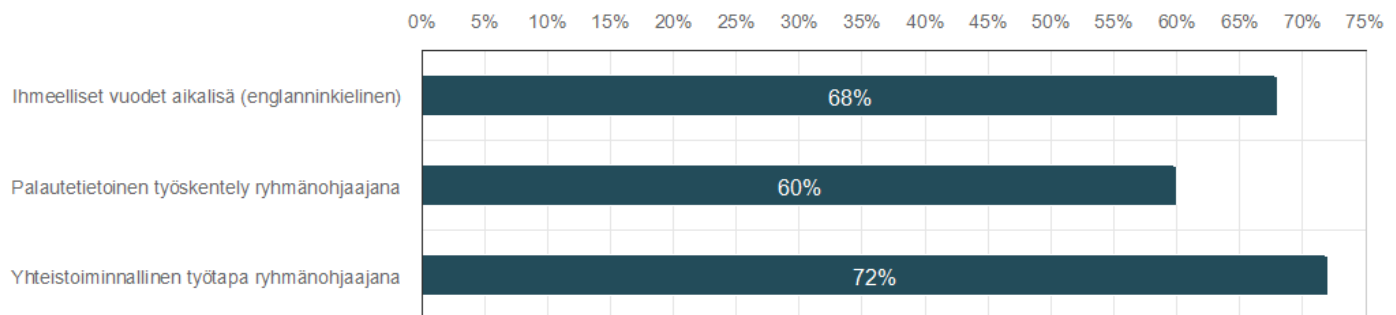
Total number of respondents: 25



	n	Percentage
Parent group leader	18	72,0%
TCM group leader	7	28,0%

I participated in the following morning workshops:

Number of respondents: 25, number of selected answers: 50



	n	Percentage
Time out (in English)	17	68,0%
Group leaders working feedback-aware way	15	60,0%
Collaborative working as a group leader	18	72,0%

My feedback on the workshop: Time out workshop

Total answers: 17

Reponses
Jeannie & Debbi were a wonderful team, their presence and IY skills were amazing. As a group leader and method instructor, I gained many ideas and methods to use,

and I laughed, realized, and admired their presence, positivity, and methods for getting us to learn new things.
A really useful workshop. The idea that you can talk about either a time-out or a calming-down place, depending on what you're using it for, was particularly useful.
Nice tips and reminders, good volcano drawings and comparisons, and practicality.
Really good! Thank you, that's inspiring. More of that would be wonderful! ☐☐
really clarifying, especially considering the current time-out situation! This is what I've been missing; thank you!! :)
The practical tips were a plus!
Great excellent
Nice atmosphere and good content. A good update on a topic that sparks discussion.
Very good. Inspiring... Thank you!
Provided many new perspectives on teaching time-outs to parents. I gained many ideas for tailoring the content.
It was wonderful to be guided and amazing to listen to Jeannie. We should see and experience good manners and get ideas more often.
It was great to be able to focus on the pedagogy of Incredible Years.
Great workshop! Lots of new things to think about and ideas! Thank you!
Very rewarding, reinforced and brought new thoughts and ideas to my work.
Very good, I received consistent information.
Really good

My feedback on the afternoon as a whole: Building your skills

Total answers:23

Reponses
Thank you, this was also a good contribution, with exercises and rewards.
It's great to hear how the program is developing, and I'm glad that the new program will also be introduced in Finland in due course!
Good feedback on the use and significance of hand puppets
Comprehensive content, nicely presented, practical, fun, understandable English that was easy to follow, good breaks, I was happy to be able to participate.
Inspiring, motivating, encouraging, but gracious in urging you to follow what suits you in addition to the "basic program." :)
It's great that so much effort was put into the day. I got lots of new ideas and inspiration for leading the group!
- New perspectives

- The English speakers spoke clearly. Special thanks for the effort to translate the slides: a great touch.
- Theory, reflection, current topics -> diversity
- We didn't have time to participate in the role-playing exercises. Personally, I didn't fully understand the assignments. In addition to the language, it was challenging that things are a little different on the TCM side than in the parenting groups that were used as examples.
Inspiring guest lecturer. Good practices, e.g., use of hand puppets. Interesting to hear about the state of education in Finland.
Great excellent
A lot of stuff that brought up some new perspectives. Good and necessary break.
Thank you! Once again, I got lots of new thoughts and ideas for workshops.
You packed a lot of information into one day. Thank you!
Practicing with hand puppets was fun, I definitely want to try it in a group too! It was nice to hear news from different areas.
Although learning often comes from doing things yourself, it is equally important to receive instruction, good models, examples, and ideas that others have found useful.
I like it.
Wonderful! Thank you!
All in all, it was a good day!
Lots of topics and ideas to deepen the work
Thanks to hand puppet work, I am familiar with this, but it will become even stronger.
An interesting package, with a good balance of information and discussion. The exercise was a little confusing.
Excellent
Thank you for your hard work!

What insight from the training day will I take with me to my everyday work?

Total answers:22

Reponses
So many individual insights and perspectives
- Teaching time-outs

- Useful ideas for group management, through discussions and examples from leaders. -
Even more hand puppets, even though I've used them a lot. Things related to time-outs
the importance of feedback, Working with a partner as a model for group themes
Once you have mastered the basic program, you can use creativity to help you, for example, in terms of assistive devices
Small but important insights
- Use toolkits: many people come to training to learn new tools. We will put together a toolkit for one session and see what they have included in it. - Make more active use of hand puppets: both in workshops and in our own group work. - We are already doing well :)
Increasing and diversifying the use of hand puppets.
From the perspective of brain development. Permission to listen to myself, in what is a natural way for me to act as a group leader in accordance with the method.
New ideas Toolbox, magic wand, and large glasses.
Modeling, modeling and modeling
Tailoring!
Main goal - weekly goal - homework and linking them together. And I'll make aprons with tools for the group members. For myself first.
Better integration of objectives (parents) into the entire work process.
Playfulness!
Continuing to all
Even more versatile use of hand puppets.
Playfulness, hand puppets, maybe even brains on display
CURRENT PRACTICES AND BRAIN PRESENTATION
Psychoeducation about the brain is important

Where we succeeded

Total answers:22

Reponses
The afore mentioned matters
- Peer support from other group leaders - Great food and facilities!

Nice workshops and good topics, relaxed atmosphere and good arrangements and refreshments :). Wonderful humor and a good mood throughout the day.
Everything! The location was well chosen, as were the facilities, arrangements, and cheerful reception from the moment we registered. The schedule ran smoothly, and, above all, the content was concise but paced just right.
A good overall package :) There was definitely something for everyone: both experienced instructors and those who had recently completed their training and led groups as IY group leaders.
It was rewarding to gain new perspectives on group guidance.
- Enthusiastic and inspiring home team members <3 The visiting trainers were also knowledgeable and inspiring. - The meeting venue was lovely and the food was good. It was nice that lunch was included, and the sparkling wine was a gem. - A varied day
A good and varied day. Great setting and sparkling wine as a festive addition.
Encouraging, good atmosphere. Excellent facilities.
The arrangements and the program both worked well.
Wonderful pampering, nice breaks, Jeannie gets to cheer up and learn and remember to keep it simple again.
Really good and inspiring trainers, lots of interaction.
The length of the sections was good. Perhaps there could have been even more input from the gurus. They are a joy to listen to.
In everything.
In everything. Thanks!
Well done
Everything went well. Thank you for a lovely day.
Good overall. Nice breaks made it easier to concentrate.
A great day overall
The setting is spectacular
😊

What could have been different to make the training day more useful for you?:

Total answers:6

Reponses
More time for international experts 😊 new ideas

I have no idea
Perhaps more time for different sections. On the other hand, the day would then become quite long...

What kind of support do you hope for in the future in your work with the method: Number of respondents: 14

Reponses
All kinds of possibilities
It was great that we got guests from England, more international trainings! :)
Someone to call or message if some unexpected issue arises, for example, about the workshops.
Meetings where you could hear other instructors and share experiences, stay up to date, since it's been a while since the basic training
Opportunity to participate in training for the new version of program as soon as possible.
Training days like this from time to time!
Thank you
It's great that already from the home base it feels like you can get the information and support you need. Next, I am looking for support for certification.
I am especially looking forward to the summer TCM group instructor refresher training day, which hopefully will continue in the future. Particularly there, you get the necessary peer support and ideas.
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I am especially looking forward to the summer TCM group instructor refresher training day, which hopefully will continue in the future. Particularly there, you get the necessary peer support and ideas.
Translated material is welcome. - Regular meetings Similar to what we've had so far. :) Practical examples. Continuation of method guidance