



Incredible Years Baby Group Leader Training Workshop Evaluation Report

Dates: 12th & 13th January 2025

Venue: Chatham, Kent, UK

Mentor: Jeannie Gordon

Number of trainees: 18



THE
MINISTRY OF
PARENTING

Incredible Years Baby Group Leader Training

About the training.

This 2-day training prepares group leaders to implement the Incredible Years® Parents and Babies Program. This 8–10 session program focuses on teaching parents how to provide nurturing parenting to babies including: offering physical, tactile, verbal, and visual stimulation, coping with crying babies, safety proofing one's house, and understanding the developmental needs of babies.

18 started the training. 15 completed the training in full. 1 trainee left during day 1 due to illness. On day 2, 1 trainee had to leave due to a family emergency and another due to feeling unwell.

Day 1

OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- *The information given*
- *Videos*
- *Group discussion & leaders' methods of teaching*
- *Applying the knowledge from the videos*
- *All of it*
- *The group discussions*
- *I really enjoyed the role play of baby and parent interaction and group leader and co leader*
- *I enjoyed the group discussions the best*
- *Role play at end*
- *Group discussions*
- *Things to use in groups - gems*
- *Interaction*
- *Examples and discussion*
- *The tutor was very observant and attentive to the group's dynamic needs*
- *Language used and reframed.*
- *The importance of parent-ese to babies as young as 0-6 months*
- *Mixed teaching options*

Question: What did you like least about the workshop? What could be improved?

- *Liked it all*
- *N/a x 7*
- *More handouts could be helpful*
- *Maybe getting into the content a bit sooner*
- *Was all good*
- *Sitting still*

- *It's a lot of content to remember*
- *Talking through ideas and examples. Sitting down for long periods*
- *The chairs!*
- *The chairs were uncomfortable and have hurt my back. The option to bring in a pillow etc was offered for day 2 to all.*
- *Would like access to manual too for pre course learning*

TEACHING EVALUATION

THE IY LEADER'S TEACHING AND LEADERSHIP SKILL WAS:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			2	15

THE IY LEADER'S METHODS AND PROCESSES MODELLED AND DEMONSTRATED WERE:

VERY POOR	NEUTRAL	AVERAGE	ABOVE AVERAGE	EXCELLENT
		1	2	14

THE LEARNING DERIVED FROM THE IY VIDEO EXAMPLE VIGNETTES WERE:

NOT HELPFUL	NEUTRAL	SOMEWHAT HELPFUL	HELPFUL	VERY HELPFUL
		1	6	10

THE WORKSHOP PRACTICES/ROLE PLAYS/BUZZES/ BREAK OUT GROUPS WERE:

NOT HELPFUL	NEUTRAL	SOMEWHAT HELPFUL	HELPFUL	VERY HELPFUL
			6	11

THE GROUP DISCUSSION AND INVOLVMENT WAS:

NOT HELPFUL	NEUTRAL	SOMEWHAT HELPFUL	HELPFUL	VERY HELPFUL
			4	13

THE WRITTEN HANDOUTS AND READINGS WERE:

NOT HELPFUL	NEUTRAL	SOMEWHAT HELPFUL	HELPFUL	VERY HELPFUL
			8	9

Additional comments

- *Jeannie's teaching method was very engaging and informative, thoroughly enjoyed day 1!*

- Very informative and enjoyable.

- End of day 1 -

Day 2 - OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- I liked asking the "parents" what they think instead of spoon-feeding answers
- The modelling the videos after (role play) is very helpful and effective in the teaching
- All the discussions and gaining the confidence to run it.
- Using new learnt leadership skills to transfer to my groups
- Practical application once we had watched the videos. Seeing the different and dramatic sizes of the brains from baby to toddler
- Practical parts - the brain etc
- I enjoyed learning how to encourage discussion between the parents and how to start conversations
- All of it
- The group leader was excellent throughout, handling a dispute with curiosity and poise.
- Language used
- Collaboration with group to help navigate through the sessions
- I like how it is parent led and parents are the main contributors of the course, you ensure it stays on track and respectful. Explaining the importance of planning and how to plan for the groups so you are as prepared as possible and produce a good course.

Question: What did you like least about the workshop? What could be improved?

- No improvements
- NA x 7
- Sitting for long periods
- More roleplay
- The chairs
- Too long! Broken up into shorter days might help
- Would like handbook to compliment sessions and help clarify lesson format
- The videos could perhaps be updated as they were quite dated, but you were constantly reminded of the intention of them. Not necessarily on the course with parents, but for neurodivergence to be mentioned whilst on the course for future facilitators to at least discuss. Acknowledgment that this may come up when doing the course themselves and what to do if it does (e.g.:

signpost parents, get them speaking to their health visitor, reassuring them that you are picking up on their cues etc).

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			5	10

- End of day 2 -

Additional comments

- *Session was really good and enjoyed doing all the smaller group sessions*
- *Really enjoyed the 2 days we have with Jeannie, very knowledgeable facilitator and I definitely learnt a lot!*
- *Thank you, it was a lovely course.*
- *Our trainer Jeanie was excellent, friendly and positive to everyone throughout. Thank you*

- *Very informative and great course overall learnt a lot*
- *Very informative and enjoyable*
- *Baby led weaning guidance slightly differs from latest guidance however understand can choose video clip. Really interesting two days and much to take forward. Thank you*

Group Photo



For more information, please contact jeannie.gordon@theministryofparenting.com