



Incredible Years Pre-School Aged Group Leader Training Workshop Evaluation Report

Dates: 22nd, 23rd & 24th November 2023

Venue: The Natural World Centre, Lincoln, UK

Mentor: Jeannie Gordon

Number of Trainees: 19



THE
MINISTRY OF
PARENTING

Incredible Years Pre-School Basic Group Leader Training

About the training.

This 3-day training prepares group leaders to implement the Incredible Years® will prepare group leaders to lead the:

- *Toddler Parenting Program (ages 1-3 years) which is 13 weekly sessions.*
- *Preschool Parenting Program (ages 3-6 years) which is 14 sessions (Prevention model)*

The training teaches the following content: child-directed play, academic, persistence, social and emotional coaching, praise and encouragement, predictable routines, effective limit setting, nonphysical discipline alternatives, teaching children to problem solve, and supporting children's education.

Day 1

OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- *Group work*
- *The breakdown of how to start to deliver the parent workshops.*
- *Buzz*
- *Discussions*
- *Learning about IY*
- *Learning about the content and ideas for introducing the content to parents*
- *Have small group discussions.*
- *Group work*
- *The discussions*
- *Understanding how to deliver using parent friendly language.*
- *Discussions*
- *Easy learning*
- *Absolutely all of the course*
- *The knowledge and experience of the trainer*
- *Being able to look at the course manual.*
- *Pyramid diagram and explanation*
- *Ideas how to get parents to role model.*
- *The active learning ones, getting us to act out scenarios.*
- *The role play sessions, and although I didn't want to do them initially, the way they were taught and explained made me feel much more comfortable.*

Question: What did you like least about the workshop? What could be improved?

- *The videos updating.*
- *I felt embarrassed when I got something wrong.*
- *Wasn't always clear what feedback was needed e.g., from parent perspective or professional perspective.*
- *Nothing, enjoying the course.*
- *Role play aspects*

- *More role play as I am a practical learning.*
- *Nothing to mention today*
- *Although the flexibility of the course is great, sometimes it would be easier to have a clearer picture of what needs covering each week. (But I haven't looked through the manual properly yet!)*
- *No comment x 10*

TEACHING EVALUATION

THE IY LEADER'S TEACHING AND LEADERSHIP SKILL WAS:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			5	14

THE IY LEADER'S METHODS AND PROCESSES MODELLED AND DEMONSTRATED WERE:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			3	16

THE LEARNING DERIVED FROM THE IY VIDEO EXAMPLE VIGNETTES WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
	3	10	6

THE WORKSHOP PRACTICES/ROLE PLAYS/BUZZES/ BREAK OUT GROUPS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		10	9

THE GROUP DISCUSSION AND INVOLVMENT WAS:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		9	10

THE WRITTEN HANDOUTS AND READINGS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
3	2	10	7

Additional Comments:

- *Thank you for a fun day!*
- *Lovely session*
- *Really useful and enjoyable*
- *Thank you.*
- *Very interesting*
- *Jeannie made the learning environment very welcoming and accessible.*

Day 2

OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- Today I really liked the coaching.
- Being able to practice the strategies you would use to engage and teach parents.
- Knowing how to praise effectively and direct.
- Having a go at practising the different principles
- The day felt good today and very useful, although we have the underpinning knowledge it still feels a lot to take in and manage.
- Being given the opportunity to be the group leader
- The role modelling of coaching
- Surprisingly the role play scenarios
- Practicing
- Discussing the different types of coaching and how to facilitate the activities.
- Understanding the concepts
- The practices and finding the different meanings to the coaching.
- I enjoyed the discussions it really helps you put into practice.
- Practising in groups
- Interactive parts (even role play)
- Trainer is really engaging, uses easy metaphors and humour but this really helps the understanding.
- Discussion

Question: What did you like least about the workshop? What could be improved?

- Having to learn how to praise ourselves.
- Answering positive statements about self
- Playdough 😊
- Role play
- Nothing excellent day
- I liked the self-praise.
- Trainer could be a little clearer with some things, but it's great she always welcomes questions, sometimes I just didn't know what was being asked of me so didn't know what to ask for. I think one of these examples was during the when we needed to read the considerations in the manual handout, then acting as a trainer, ask the questions to the acting parent. I understood a little more during the next activity as a group, but maybe would have been good to see this acted as a trainer first.
- No comment x 12

TEACHING EVALUATION

THE IY LEADER'S TEACHING AND LEADERSHIP SKILL WAS:

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THE IY LEADER'S METHODS AND PROCESSES MODELLED AND DEMONSTRATED WERE:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			5	14

THE LEARNING DERIVED FROM THE IY VIDEO EXAMPLE VIGNETTES WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		7	12

THE WORKSHOP PRACTICES/ROLE PLAYS/BUZZES/ BREAK OUT GROUPS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
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THE GROUP DISCUSSION AND INVOLVMENT WAS:

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		5	14

THE WRITTEN HANDOUTS AND READINGS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		7	12

Additional Comments:

- Nice to have a mix of role play and sitting to break the day up.
- Really enjoyed learning about coaching methods
- Jeannie was very engaging and encouraging.
- Thank you for another fun day.
- Enjoying
- Thank you for another informative, enjoyable day.
- The course has been amazing so far.
- Great session today
- Starting to understand more now.

- End of day 2 -

Day 3

OVERALL WORKSHOP- Note 2 online forms missing.

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- Having more opportunity to practise using the video clips and question support materials. Learning strategies to teach parents to support behaviour.
- I enjoyed the session today, talking and learning about the praise, rewards, and commands.
- I enjoyed the distraction techniques and difference between bribe and rewards.
- Jeannie made the last day very engaging. Her delivery is very dynamic.
- The distraction practices.

- Think it was all very helpful and will help me help parents in my practice.
- Discussion
- Small group discussions
- Jeannie made the sessions fun and engaging.
- Group work
- Jeannie is such an engaging facilitator who just made the training so effective and interesting.
- Jeannie was great and teaching styles make it very engaging.
- Learning the difference between a reward and a bribe
- Clarifying the session plan, demonstrating how to use the vignettes in different ways. Talking through strategies
- Really loved the whole course, Jeannie is fantastic and really made the training come alive.
- All of it!
- I really enjoyed the training over the last three days. I particularly liked the skills-based group work and thought how effective you controlled the group and teased out the answers you were looking for. I liked the reminder of keeping it simple and not over-thinking it when we were all trying "really hard" to produce the right answers. I can see how the use of the videos would get the parents to observe and think about how they can change their behaviour or what they can start to do differently with their child/family. I can see how you were encouraging peer on peer support. I liked how everyone was given the opportunity to be group leader/co leader during the three days.

Question: What did you like least about the workshop? What could be improved?

- Nothing, all good
- Nothing I really enjoyed it
- I don't think anything could be improved. Best training, I have been.
- Chair change at first. Decided however it worked really well.
- Only thing I can think of is some more ideas and strategies as to how to deal with parents who might push back on some of the content. I have some ideas but would be great to hear some more and if I am on the right track 😊
- Nothing at all fab training
- No comment x 11

TEACHING EVALUATION

THE IY LEADER'S TEACHING AND LEADERSHIP SKILL WAS:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			2	15

THE IY LEADER'S METHODS AND PROCESSES MODELLED AND DEMONSTRATED WERE:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			3	14

THE LEARNING DERIVED FROM THE IY VIDEO EXAMPLE VIGNETTES WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
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THE WORKSHOP PRACTICES/ROLE PLAYS/BUZZES/ BREAK OUT GROUPS WERE:

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THE GROUP DISCUSSION AND INVOLVMENT WAS:

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		3	14

THE WRITTEN HANDOUTS AND READINGS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
	1	6	10

Additional Comments:

- *It has been a good 3-day course, interesting to see how it has all unfolded over the last three days and how it all fits in.*
- *I have thoroughly enjoyed the training and I have reinforced my knowledge after the 3 days.*
- *Thank you for the whole 3 days.*
- *This training has been one of the most interesting and well delivered training I have been on. I found this training very beneficial and interesting.*
- *Thank you, it has been great, and you have had time for me when my brain refused to connect to my mouth.*
- *This course has been so interesting and has made the 3 days enjoyable. The best course, I have been on for a while. Jeannie has been amazing throughout. Thank you.*
- *Very good at delivering the course, Thankyou :)*
- *Thank you for a wonderful few days! X*
- *Loved it.*
- *Loved the programme and the ethos underpinning it.*
- *Lovely course! Excited about delivering and the flexibility. Jeannie was great 😊*
- *Thank you for a great course. It's been really informative and a great way to bond with other teams and learn.*
- *Looking forward to the next course in January*
- *Fantastic course! Loved it all!!*
- *Jeannie, you made the training enjoyable with your sense of fun and warm personality along with all your knowledge and experience. You have reaffirmed to the whole team the messages they are already sending out to parents to support their child's learning and development as well as giving them the skills and encouragement to deliver this to a group of parents/carers.*

Group Photo



For more information, please contact jeannie.gordon@theministryofparenting.com