



Incredible Years School Aged Group Leader Training Workshop Evaluation Report

Dates: 21st, 22nd & 23rd February 2023

Venue: Reading University, UK.

Mentor: Jeannie Gordon

Mentors in Training: Sue Howson & Nina Simola

Number of Trainees: 15



THE
MINISTRY OF
PARENTING

Day 1

OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- The examples of how to engage parents and work more collaboratively.
- Hearing about the leader's experience
- The interaction
- Breaks, Movement, tasks, and discussions
- The video clips were brilliant at bringing to life what the group leaders were explaining.
- The discussions
- The group discussions
- Explanations of processes
- The role plays.
- Learning how to set up the group.
- Process sections
- Role playing and discussion.
- Watching videos and reflecting on how we can use these.
- Allow it!
- The insights from the group leaders
-

Question: What did you like least about the workshop? What could be improved?

- Nothing. All good. (x 6)
- Lighting
- I enjoyed the group discussions / buzzes.
- I liked all of the content it was all useful and informative.
- More physical handouts
- Some discussions a little lengthy. Sitting still for so long!
- The stairs
- A lot of sitting but that was expected.
- Room light

TEACHING EVALUATION

THE IY LEADER'S TEACHING AND LEADERSHIP SKILL WAS:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			1	14

THE IY LEADER'S METHODS AND PROCESSES MODELLED AND DEMONSTRATED WERE:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			1	14

THE LEARNING DERIVED FROM THE IY VIDEO EXAMPLE VIGNETTES WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		6	9

THE WORKSHOP PRACTICES/ROLE PLAYS/BUZZES/ BREAK OUT GROUPS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		2	13

THE GROUP DISCUSSION AND INVOLVMENT WAS:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		3	12

THE WRITTEN HANDOUTS AND READINGS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
	2	7	6

Additional Comments:

- Really warm and inviting session.
- Awesome thank you.
- Lovely dynamic between the leader and co-leaders. Very engaging session!
- Lovely day
- Thank you.
- Looking forward to day 2

- End of day 1 -

Day 2

OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- Going through the website and practicing being leader & co-facilitator
- Video clips are very helpful for me as I am a visual learner, so I found these great.
- The practical/skills exercises
- I enjoyed the amount of group role plays we did, particularly after watching the video clips.
- Discussing persistence and other coaching
- Being able to practice being a leader/ co-facilitator.
- Discussions using the videos.
- The change and variety and engagement and reward
- Role play
- The videos and rewards
- Demonstration of handling homework. Reminder of repetition of processes. Tasks modelled.

- *I liked the variety of activities and opportunities to give things a go. It was helpful to see a lot of things in practice and gave me lots of tips and ideas going forward.*
- *The review of the home tasks helped to cement my learning. Also, ideas around the usage of language and ways to encourage children positive talk rewards etc.*
- *The combination of descriptions, video clips, and skills practices worked really well. The leaders' enthusiasm and ability to bring the content to life was also great.*

Question: What did you like least about the workshop? What could be improved?

- *Nothing. All good. (x12)*
- *All good today*
- *The stairs*
- *More time to go through content.*

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				15

THE LEARNING DERIVED FROM THE IY VIDEO EXAMPLE VIGNETTES WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		4	11

THE WORKSHOP PRACTICES/ROLE PLAYS/BUZZES/ BREAK OUT GROUPS WERE:

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	1	3	11

Additional Comments:

- Great atmosphere
- Really engaging session again - thank you everyone!
- Finding it very useful and giving me lots of ideas
- Thankyou
- Thank you! It was very enjoyable and useful.
- Thank you to the facilitators for their support.

- End of day 2 -

Day 3

OVERALL WORKSHOP One trainee was unwell so had to leave the training in the morning.

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- One to one practice, videos, group discussions
- Skills practice, parent empowerment & sticking to positives.
- Recap of content
- Role playing and videos. Love the discussions and examples and humour.
- Today really consolidated my learning, really enjoyed the discussions and exploring the videos to illustrate points. Fabulous 3 days of training-would highly recommend to colleagues.
- Jeannie explanation and enthusiasm
- The detail of timeout
- Role plays, buzzes and reading.
- the role plays and practising the skills.
- How to structure sessions. Ideas for buzzes and discussions. Linking back to pyramid
- The video clips, techniques, top tips, putting it into practice in the sessions.
- The role plays/ modelling was really helpful in cementing the information and has helped my understanding on how to help parents would be able to take this away and use it at home.
- The role plays and discussions really helped to cement my understanding of the topics.
- Spending time thinking about and rehearsing translating video clips into skills practices was particularly helpful. It was also incredibly helpful to spend time thinking about how to deliver the content on a 1:1 basis.

Question: What did you like least about the workshop? What could be improved?

- Nothing (x 7)
- Short role plays copying video not as helpful.
- The drive to the venue!
- It was all great
- A lot of info in a short amount of time
- Discussion 1st thing re homework, more detail ?? Felt basic.
- More time for information giving.

- *A small point, but there were a couple of times when questions were put to the group, and it was clear the group didn't know the specific answer the leader was after. While this provoked some useful discussion, it might have been better/more efficient for the leader to take a more didactic approach at times.*

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Additional Comments:

- *Thank you very much. It has been very helpful, and it was a very enjoyable 3 days. I am looking forward to doing a group now and it has given me great tips for my IY informed 1:1s.*
- *Found the 3 days extremely useful and helpful not only for groups but 1:1.*
- *Thank you so much Jeanie - kept us engaged for 3 days. I've learnt loads from you!*

- Brilliant 3 days. Going back with lots of ideas. Very inspiring. Thank you, Jeannie!
- Absolutely stellar training cannot complain, very grateful and impressed and if anything, want to learn more. Can't recommend enough and hope I can do as much as possible in my service. Shame about difficulties with our own funding and short amount of time, might be worth our employer contracting or agreeing to supporting the proper execution of the programme and all its elements.
- Thank you very much.
- Jeannie is an excellent mentor and a huge credit to IY I am sure. She made these 3 days fun, interactive and informative and the skills I am taking away are invaluable. Having been on maternity leave for 10 months and out of a "work setting" I was apprehensive about the training but Jeannie (and Sue and Nina!) over the 3 days made me feel at ease. Jeannie is most certainly in the right role, and I could imagine her being a god send to families. This was a training course that I will remember for years to come, and I am very excited to start using it. Thank you all.
- Thank you for bringing IY alive for me. I have always struggled to deliver but am excited to do now.
- "Amazing experience and wonderful facilitators. Well organised and it felt so natural. Took me out of my comfort zone interacting and has built up.
- My confidence. Jeannie was fantastic! "
- Thank you for a brilliant 3 days.
- Thank you very much for this 3-day training. It's been a great environment to learn in and felt that everyone was supportive and approachable. Everything was clear and understanding of topics discussed was continuously checked. I think this training is going to help me to improve my practice and help aid positive outcomes for parents.
- Overall, this was an excellent course that was highly informative and enjoyable. The leader's knowledge and enthusiasm for the programme was clear throughout and they did a great job pitching the content at the right level. The pace was great throughout, too.

- End of day 3 -

Post training emails from trainees

- *Thank you very much for your email and the 3 days of training, I found it so very useful, not only for the IY groups we will be running but for my 1:1s as well and it has really made me think about how I can make all the interventions I run more collaborative with parents and young people / more positive focused.*
- *Thank you so much for your time and expertise. It was a very enjoyable, if not tiring, 3 days. It is so brilliant to listen to people that are so passionate about what they do. Very inspiring. Thank you for the information below and I have already sent an email out to see if we have the manual hiding somewhere in someone's cupboard!*