



Incredible Years Toddler, School Aged Group Leader Training Workshop Evaluation Report

Dates: 24th & 25th September 8th & 9th October 2024

Venue: Colchester, UK

Mentor: Jeannie Gordon

Number of Trainees 14 (12 completed)



THE
MINISTRY OF
PARENTING

Incredible Years Pre-School Basic Group Leader Training

About the training.

This 4-day training covered both the Incredible Years® basic toddler/preschool group leader programme and the School Aged group leaders programme, plus information on tailoring the Incredible Years® programme for parents with children additional needs. The training teaches the following content: child-directed play, academic, persistence, social and emotional coaching, praise and encouragement, predictable routines, effective limit setting, nonphysical discipline alternatives, teaching children to problem solve, and supporting children's education. This training outcome is to equip group leaders with the skills needed to deliver the programmes.

The first 3 days covered the basic programme (2–8-year-olds). The 4th day focused on the additional sections of the school aged programme (9-12 years old) and provide extra information on using the programmes with parents of children with ADHD/ASD and/or additional needs.

The training was sponsored by Ian and Angela Marks Charitable Fund, Bartella Charitable Fund, and the Britvic Community Fund, which are administered by Essex Community Foundation

Day 1

OVERALL WORKSHOP (One trainee was unable to attend day one due to study commitments)

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- The practice
- The active play example
- Group activity
- Discussion after activity
- Play
- All of it
- Skill play was interesting to show different ways a parent or child interacts
- Playing!
- The group discussion
- Talking about best hopes instead of general expectations of behaviour.
- Introduction and best hopes-parent goals,
- Discussion

- Discussions -group input

Question: What did you like least about the workshop? What could be improved?

- Nothing x 9
- Nothing, all very helpful and informative
- Little moving
- I liked all of it
- Sometimes was tricky to give answers that were worded correctly

TEACHING EVALUATION

THE IY LEADER'S TEACHING AND LEADERSHIP SKILL WAS:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
				13

THE IY LEADER'S METHODS AND PROCESSES MODELLED AND DEMONSTRATED WERE:

VERY POOR	BELOW AVERAGE	AVERAGE	ABOVE AVERAGE	EXCELLENT
			3	10

THE LEARNING DERIVED FROM THE IY VIDEO EXAMPLE VIGNETTES WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		6	7

THE WORKSHOP PRACTICES/ROLE PLAYS/BUZZES/ BREAK OUT GROUPS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		3	10

THE GROUP DISCUSSION AND INVOLVMENT WAS:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
		1	12

THE WRITTEN HANDOUTS AND READINGS WERE:

NEUTRAL	SOMEWHAT	HELPFUL	VERY HELPFUL
1		5	7

Additional Comments:

- Looking forward to the rest of the training
- Thank you I feel thoughtful and interested to see what follows
- Thank you
- Thank you! Very much enjoyed today and has brought back lovely memories of my Early Years training 😊

- End of day 1 -

Day 2

OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- Demonstrations
- Enjoyed all, very inclusive
- Interaction
- Explaining coaching / language to use
- Praise school video
- Discussion
- The skills practice of persistent coaching - it was great to discover new ways of expressing this with new vocabulary.
- Group discussions
- All of it!
- Coaching and praising
- Talking through examples of topic
- All of it

Question: What did you like least about the workshop? What could be improved?

- N/A x 11
- Sitting still
- Puppets! Although I use comfortably with children.
- I honest thought it was all excellent

TEACHING EVALUATION

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1		3	10

Additional Comments:

- Thanks! Really enjoying it all 😊
- More practice on coaching
- Thank you, x,
- Thank you for another great day, the pace was perfect you held my attention not always easy as I have ADHD, but I kept focus due to your presentation style which is excellent for the way I learn

- End of day 2 -

Day 3

OVERALL WORKSHOP (1 trainee was unable to attend due to sickness and will make up day 3 at the next opportunity. One trainee was unable to attend due to study commitments. As the trainee who had study commitments could not do day 1 and 3, it was agreed she would re start the training in full at another time).

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- Videos
- Ignoring
- Very engaging opening ideas and views with led discussions
- Interaction
- Discussion and examples
- Learning skills about the ignoring technique
- Talking about ignoring and how to focus attention.
- Ignoring behaviour
- Ignoring and encouraging behaviour you want
- Very interesting session
- Everything

Question: What did you like least about the workshop? What could be improved?

- Nothing x 10
- Still unclear on the precise management of severe meltdown where risk of safety/injury cannot be ignored during the actual event. I do understand the emotional regulation coaching and zones of regulation, feelings thermometer etc.... But still not the severest point of dangerous meltdown when it is actually in full swing!!
- I enjoyed everything

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	1	6	5

Additional Comments:

- All great, thank you
- Enjoyable with a lot of valuable content for work and my own parenting!
- Thank you for the session, really interesting. Sorry I've not been feeling quite well enough to fully engage as usual.
- Jeanie your energy passion and enthusiasm keep the course a lovely balance of everything, great delivery with just enough fun thank you

- End of day 3 -

Day 4

OVERALL WORKSHOP

Question: What part of the workshop was most helpful to you? Also, what did you like the best?

- Watching the videos and skills practise
- The teamwork and role play and videos
- Group discussions
- Jeanie was very inclusive, encouraging and informative. Breaking it down when needed and ensuring understanding of each step and strategy
- Exploring how the strategies can support those with ADHD.

- The course will also make a huge difference in the school I work within for our vulnerable families. This will also help support outcomes for individual children and families moving forwards.
- Really enjoyed the training today! It was fab with the practicing skills especially with co sequences
- I found the ADHD information extremely helpful as many families I support have children with SEN.
- Role modelling of how to answer difficult questions
- Consequences and time out
- All of it, a good blend of listening and practical
- All very thought provoking this session, and I found it helpful to delve deeper with the ADHD and ASD areas.

Question: What did you like least about the workshop? What could be improved?

- Nothing x 7
- Nothing really, liked it all
- There was truly not one topic that could have been improved.
- I found it all extremely helpful.
- The room was quite warm! But did everything you could to help us feel comfortable
- I liked all of it, the course helped me to reflect and sometimes challenge my beliefs for example time out I see a new value on how it might be helpful when parents understand the pyramid, like everything it was well explained and empathic
- Did feel that the ADHD/ASD discussion/descriptions was very generalised, however I understand that it would be difficult to make this more in-depth/specific 😊 I recognise that I have my own struggle with being "pigeon-hole" as a neurodiverse person, and with having neurodiverse children.... Jeannie, you covered it well and thank you so much for your time, explanations and sharing your expertise with us!

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		4	9

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Additional Comments:

- Very welcoming and made to feel comfortable
- I can see how beneficial this programme will be to help support the families in the area I work in. Whilst working in the CAMHS service there are families that need this support, but professionals are not available to deliver the training due to limited professionals qualified. It would be great if more training can be offered so more professionals can offer this support in the community. Thank you for amazing training as always.
- Being gifted a manual to use within school has been an incredibly helpful tool, this will enable the sessions to be implemented within our school, thank you so much!
- Jeannie is a fantastic trainer with so much experience.
- I felt that Jeannie had a fab personality and charisma to help with explaining and breaking down the vignettes. It was made more enjoyable to bring alive and questions to the skills on the screen. It will not only help me with my own work at Home-Start and the parents I engage with especially the vulnerable families but also my bowl children, especially the 10-year-old. Thank you for facilitating skills that will continue for many many years!

- I found the training extremely helpful. Many families I meet are very stressed and negative about their children's behaviour. I feel better equipped to advise and help them improve their family lives.
- Fantastic course, thank you! Amazing facilitator, brilliant role modelling, and examples of how to handle situations and difficult questions. You have equipped us with everything we need to go on facilitate the course. Thank you so much for the way you have accommodated diet needs. I have felt so included in all aspects with the praise gifts as well as lunch. It makes such a difference, and I felt valued without feeling a nuisance.
- Jeannie was exceptional, inspiring and so fun to be taught by. The teaching has been so impactful to me as a parent and as a clinician. I have learnt so much and look forward to running the course. Thank you so much.
- Thank you everything. On the training was thoughtful and clever Jeannie you have a gift of positivity and understanding the needs of the group thank you "
- Have really enjoyed the whole course and training. Have found the content interesting and informative and although much was already stored away in the back of my brain from years ago, it was great to be refreshed and up to date on new practices and ideas. This programme will be helpful for me within my personal life, sharing knowledge with families that we work with and in both formal and informal opportunities. Thanks so much Jeannie! Great to meet you and hope to pass by with you again in the future. Awesome!

Group Photo



For more information, please contact jeannie.gordon@theministryofparenting.com