

# Road to independence

## Baby

- Not much
- Feeding them
- Changing them
- Teaching them
- Being IN everything
- Tantrums similar to teen

## Child

- Test boundaries
- Understand consequences of actions
- Social skills improve
- Make friends
- Go to school
- Self-care skills
- Behaviour management - testing
- GROWING

## Teen

- Understand health and safety
- REBEL
- Body autonomy
- Emotional
- Choose friends
- Be influenced
- Choose education/career pathway
- Choose fashion style
- Choose partner
- Experiment
- Independent self-care
- Know right from wrong

## Adult

- Financially responsible
- Certain in own morals and values
- Complete autonomy - CHOICE
- Responsible
  - Higher education
  - Career
  - Settled down
  - Marriage

