



Supporting Holistic Approaches - Risk, Parents and Self-Harm

Early bird offer book before 31st March 2026 and save £70 per person

This is a 3-day multi -agency training course that aims to equip professionals **working with young people 11 – 16** with an awareness of the key principles of working with young people who self-harm, and their families.

The training objectives are to:

- Gain a wider knowledge, awareness and understanding of self-harm behaviours in young people.
- Understand the basic approaches for professionals communicating with families where the young person is self-harming.
- Provide practical strategies for professionals in managing the emotional demand of working with young people who are harming themselves.
- Feel more competent/confident when working with young people who self-harm.

The content of the training is based upon the work and evidence of the widely respected FLASH parent programme, designed for parents of a young person who is exhibiting self-harming behaviour and whose behaviour is having an impact on the whole family.

Training Dates: 18th, 19th & 20th May 2026

Venue: The Oaktree Community Hall, Colchester, CO4 3DH, Essex

Time: 9.00 coffee, 09.15 start – 16:30 finish

Cost: £ 450 **Early bird offer £ 380**

(10% discount given if 3 or more staff from one service apply. 10% discount given to charities and CIC's)

To apply for a place, please complete our training application form

<https://theministryofparenting.com/resource-form/training-application-form/>

For more information, please contact The Ministry of Parenting (CIC)

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