



STOP Group Leader Training Evaluation Report

Date(s): 27th, 28th & 29th February 2024

Venue: Essex

Trainer(s): Jeannie Gordon & Jacy Thomas

Number of participants:13

Question: What part of the training was most helpful to you?

- *The whole program I think it will be completely relevant to the work I do as a family support worker*
- *Who's problem- finally got it!*
- *Consequences and privileges*
- *All of it.*
- *All of it and I came in with no idea about the stop program*
- *Consequences and rewards*
- *The whole training.*
- *Tips on how to practically deliver to parents by the trainers modelling this to us.*
- *All of it! Specifically, why, and how the program should be delivered.*
- *The example that the facilitators gave and the way to handle the group with different challenges that may arise.*
- *The skills and content provided to be confident in delivering the stop group*
- *Going over each session step by step*
- *The resources and visual aid to support the learning*

Question: What did you like most about the training?

- *I love how the program is in layers and you're building session by session. I have really enjoyed the group sessions I have learned so much from them. I have also enjoyed making new connections with other professionals from different places and careers*
- *Content and clear delivery (and humour) And the prizes!*
- *Very interactive*
- *All of it.*
- *Knowledge of both trainers, real life examples*
- *The days were full, but the information and activities kept it fresh and alive*
- *I liked the mixture of class base and lots of interactive activities*
- *The practical exercises*
- *The interactive style of the training.*
- *Both trainers were fantastic examples! Great role modelling!*
- *The interaction, how it was delivered e.g. doing the group activities we will do in the course*
- *Like the way the facilitator and co facilitator played off each other. Example and stories*
- *The processes and examples were so important to embed my own learning*

Question: What did you like the least about the training?

- *The sitting*
- *Would have preferred to be given a "ballpark" figure for costs - probably a cop out but might have given us a starting point.*
- *The traffic*
- *I didn't find any of it not informative.*
- *Proximity of course*
- *Only the drive distance*
- *My back hurts through sitting, but that is my issue.*

- *I found a bit of it triggering due to my personal experiences but was well supported by Jacy and one of the group members.*
- *I can't think of anything that I didn't like.*
- *I struggled with the consequences part. That doesn't mean I didn't like it, I just need to reflect on how I would facilitate this with parents who will struggle due to additional needs (which was also covered anyway)*
- *Sitting but that's unavoidable*
- *Nothing*
- *The distance from home*

Question: How could the training be improved?

- *Maybe more movement*
- *As above - I enjoyed all of it*
- *Unsure*
- *N/a*
- *Nothing*
- *It couldn't*
- *Nothing, they are so lovely, friendly and welcoming*
- *Deliver it further north!*
- *It couldn't!*
- *Nothing*
- *Don't feel it needs to be improved*
- *No idea*
- *Closer venue*

Question: I feel the trainers teaching and leadership skill was.

- 100 % answered Standard (highest score)

Question: I feel the trainer's knowledge was

- 100 % answered Standard (highest score)

Question: I feel the group discussion was.

- 100 % answered Standard (highest score)

Extra comments

- *Wish we could have stayed for Pit Stop*
- *Excellent resources - I feel I have learnt some new things and refreshed my knowledge of other things. Food was great!*
- *Very enjoyable*
- *I found the last 3 days to be amazing and interesting and can't wait to go and share the knowledge with more people in Yorkshire.*
- *Thanks so much for allowing me to join*
- *Friendly and funny, made me feel relaxed. It also modelled how to bring order and direction to time keeping in a group that was progressively comfortable and more chatty.*
- *I have really enjoyed this course. The trainers allow plenty of breaks and refreshments to cater to everyone's needs*
- *Jacy was very supportive when I became triggered - thanks Jacy! Both Jeannie and Jacy had great energy and made the 3 days really fun and engaging.*

- *I enjoyed every moment. I feel I have learned so much and am looking forward to putting it into practice.*
- *I didn't realise Jacky was training! She was brilliant, warm, and lovely. Change nothing!!!*
- *I was worried about what I would eat being vegan. I needn't have! I was considered above and beyond and included at every step. Thank you so much ❤️*
- *Well done Jacy on getting level 3. You looked really nervous the first day but settled into your grove quickly.*
- *Excellent training, very informative*

Post training email

The course material is excellent - covering all the key points where there will exist issues and potential conflict, especially where parents are feeling completely overwhelmed.

The exercises that we did were great in that not only did I get to be the "parent" I also got to see what might of been of help to me when our children were teenagers, and therefore could see better how to enable and empower those parents we will be working with to see how they can use strategies that will help them. (Phew - bit of a convoluted sentence!). I love too that throughout you all kept to the programme and "modelled" how you did that.

I love to use genograms as a tool to help families tell their story - and have learnt lots of new symbols to use since I last used one (and have a crib sheet. Great!) I love the handouts and the visual representations used - the way I learn best - but that all learning styles are catered for. I like that we had fun. I said it was the best training I have had, and I have had lots of training in all kinds of topics over the years, and have fed that back to management .

Group photo



