

STOP level 3 - train the trainer pathway.

Training levels

LEVEL	PROFESSIONAL BACKGROUND REQUIREMENT	TRAINING	SUPERVISION REQUIREMENTS
1 FACILITATOR	Background in working with young adolescents and their families. Excellent interpersonal skills and an understanding of social learning theory	3 Days STOP Training Recommended: Group Skills Training or equivalent	Recommended to have at least monthly clinical supervision and peer group supervision (if available)
2 APPROVED FACILITATOR	As above	As above, as well as supervision requirements. Application process required.	Supervision at least monthly with STOP authors or level 3 or 4 trainer for each full group
3 TRAINER	Clinical qualification. Experienced in teaching in adult learning i.e., PETALS or clinical post	As above, as well as observing a training and then co leading a training alongside a STOP author or Trainer. Video footage of a STOP group session must be sent to Jeannie Gordon or Debbi Barnes before approval. Application process required.	On-going supervision at least monthly with STOP author or level 4 trainer. Once a level 3 trainer, ongoing communication with STOP author or level 4 trainer.
4 STRATEGIC TRAINER	As above To hold position of strategic lead for their service area	As above, as well as co training alongside one of the STOP authors.	As above, as well as regular communication with the STOP authors

STOP – Level 3 pathway.

A STOP trainer is a Level 3 STOP group leader with extensive experience delivering the STOP program who provides authorized STOP training trainings in his or her agency or county as well as ongoing supervision to STOP group leaders who s/he has trained. They possess outstanding leadership skills based on consistent high training supervision and evaluations. They have a long-standing commitment towards evidence-based programs with fidelity and leadership skills.

If training up to 10 trainees, one STOP trainer is required, up to 20 trainees, two STOP trainers are required.

Only Level 4 STOP trainers are permitted to train others as STOP trainer's written consent from the STOP authors.

To be considered for the STOP trainer's pathway the professional must be an accredited (level 2) STOP facilitator, only then can they be considered for the STOP trainer (level 3) training.

Level 3; STOP trainer.

Level 3 enables the professional to implement a STOP training in own service area/region.

Assessment at level three must be implemented in partnership with Jeannie Gordon or a level 4 strategic trainer.

This assessment involves.

Stage 1

- The implementation of 2 groups
- Level 3 application
- Video review form; to be completed by the programme authors or a level 4 strategic trainer. **The video review is of one session of a STOP group.**

Stage 2

- Observation training of the training programme
- Co leading training with a STOP author or strategic trainer.

There is no monetary payment for train the trainer time as the contracted work is part of their training to become a trainer in the STOP. The trainer in training / their service is responsible for any expenses accrued in travel, accommodation, meals any other expenses required for the person to access and implement the STOP training.

Stage 3

- Lead a STOP training with another STOP trainer or STOP authors.

- If leading a training with a STOP trainer, then a video of the training is required before final approval as a STOP trainer is given.

What expected in observation training of the training programme?

- To observe a 3 day STOP training conducted by STOP trainers and/or STOP authors
- For the first STOP it is expected that the trainer in training, sit outside of the training group in role as “observer” and make written notes on their reflection of the training process, questions the group ask, how the STOP trainer responds etc.
- On the first day of the training, the STOP trainer will introduce the trainee and explain his/her background and experience with the program. It is important to let the group participants know s/he is in training to become a STOP trainer.
- At the end of each day of the training the STOP trainer will meet with the trainee to ask about their observation on the training and to ask them for feedback on their experience and reflections of the STOP training process. The STOP trainer will help the trainee to understand how the “training” role is different from being a group leader for parents.
- At the end of the training a decision will be made by the STOP trainer in partnership with the STOP author if the trainer in training can go on to stage 2

What expected in Co leading training with a STOP author/trainer?

- To co deliver a 3 day STOP training conducted by a STOP trainer and/or STOP author.
- For the 2nd training the trainee will be assigned a section of the training to present to the group each day of the training; The STOP trainer is responsible for assigning the section in advance of the training. This training gives the STOP trainer an opportunity to model how the parent groups are conducted by two leaders and how they work together to deliver the program.
- The trainee will help with small group practice sessions, recording key discussion themes on the flip chart and share personal experiences with delivering the STOP program.
- The STOP trainer will ask the group to give feedback on the trainees’ group leader collaborative style, type of questions asked, and ability to pull out key themes from the discussion.
- The STOP trainer will focus throughout the training on modelling group leader strategies followed by reflecting on the group process methods.
- At the end of each day of the training the STOP trainer will meet with the trainee to give positive feedback about their skills, to debrief the training process, to ask them for feedback on their experience and to prepare for the next day. The STOP trainer will help the trainee to understand how the “training” role is different from being a group leader for parents.
- At the end of the training a decision will be made by the STOP trainer in partnership with the STOP author if the trainer in training can go on to lead a STOP training with another STOP trainer and/or a STOP trainer in training

- It is a requirement for STOP trainer in training receive on-going supervision and support by a STOP trainer and/or STOP author. This should be monthly for the duration of their training pathway.

What expected of a STOP trainer.

- To lead a STOP training. The training to be co delivered with another STOP trainer. This may be a trainer in training if agreed in writing by STOP authors.
- At the end of the training the STOP trainer will provide the authors with evaluations and register with the names of participants who attended the training
- If leading a training with a STOP level 3 trainer, then a video of the training is required before final approval as a STOP trainer is given.
- At the end of the training a decision will be made by the STOP author if the trainer in training can go on to lead a STOP training with another STOP trainer and/or a STOP trainer in training
- The STOP trainers to work closely with the STOP author and STOP level 4 trainers using updated materials, training protocols and completed training evaluations.

Ongoing expectations as a STOP trainer

- To ensure all copyright materials are labelled and marked as copyright protected.
- To ensure that each professional on the STOP training has the STOP manual, this to be bought from the Ministry of Parenting CIC.
- At the end of the training the STOP trainer will provide the authors with evaluations and register with the names of participants who attended the training
- To support STOP group leaders in individual supervision; It is a recommended for STOP facilitators to receive on-going supervision and support by the person who trained them. This should be fortnightly for the duration of their group and consist of a minimum of 4-6 individual supervision sessions.
- The timetable and fee arrangement for this is to be arranged by the trainer and their trainees. If a trainer is providing supervision to others, fee arrangement is their/their service responsibility.