

STOP manual updates explained

We have updated a few things in the STOP manual.

If you have a STOP manual, you can download the updated pages and handouts for free and replace them in your manual.

Changes are:

Parents referral form

- STOP Parental referral form Page 1 - updated to state Gender identity instead of male or female
- STOP Parental referral form Page 3 - updated to state Gender identity instead of male or female

STOP Session 4

- Updated session plan (page 4.02) We have revised the “Essex wriggle” to Unlabelled and labelled praise.
- Pages 4 4.04 and 4.05. The skills practice changed to a meal situation.

STOP session 5.

- We have included a new flow chart handout “Where’s the problem”. We recommend during the explanation of the key principles you may find it helpful to refer to the When there’s a problem flow chart HANDOUT 5.11

New version of STOP Session 7

- This new version of STOP Session 7 was launched in August 2025. The new version has 4 delivery Options, to make the topic more current and relatable. Option 1 Guest Drug worker, Option 2 Legal high quiz, Option 3 Common drug fact sheets and Option 4 Vape quiz. If there’s time 2 options can be implemented. This version includes parents’ handouts on Legal highs and vaping.

New version STOP Session 8

- This new version has updated data, including facts from other counties. It has a new Option C - list of consequences. It’s just to make the session be more interactive. The pronouns and gender identity handouts can be given out at this session.
- STOP page 8.08 updated 2025 (what age can you quiz)
- STOP Parents Fact Sheet pronouns
- STOP Parents Fact Sheet Sexuality, orientation and gender identity

Additional sessions

- STOP Fact sheets on alcohol updated August 2025
- STOP Screeners fact sheets updated August 2025