



THE
MINISTRY OF
PARENTING



STOP (Parents of Teens Parenting Programme) GROUP LEADERS TRAINING EVALUATION REPORT

Number of participants: 9

Venue: Colchester.

Trainers: Jeannie Gordon and Debbi Barnes

Dates of training: 5th, 6th & 19th October 2022

STOP Training feedback.

9 trainees completed the 3-day STOP. All completed the online training evaluation feedback forms in full.

What part of the training did you get the most from?

- Being part of the group and learning the content. Building confidence to be able to run the group.
- All of it x 2
- "Miss the hook" was the most helpful for me and I can imagine this will be something that the parents I work with being able to pick up easily. Avoiding conflict will be useful as this is an issue I deal with a lot. The structure that I can now use with parents and the activities such as the hook one and rope activity.
- I think the tips on how to run the group and engage participants as I have not facilitated groups before. I feel the tips were really helpful and have given me the confidence to do so
- Safeguarding support and icebreakers
- I loved the practical aspects. Brain development and knowledge of drugs and influences. All content was relevant and interesting.
- "Taking the hook". Consequences. Brain development. Interactive activities to use in the group"

What did you like most about the training?

- Learning how much communication is very important. Learning about how there is a trigger to most behaviour and emotion
- It was very interactive.
- Face to face interaction.
- Learning about the programme as a whole.
- That it will be beneficial for the families I'm working with.
- "You ladies!
- The group was such a friendly, safe, and open space and I felt I was really valued and cared about. I also feel lucky with the others in the group as I feel we were able to build positive relationships"
- Developing a new understanding of parenting support/strategies.
- Practical aspects. How interactive and knowledgeable the trainers were.
- "The pace was good, informative and reflective about each technique
- Trainers where able to give tips about inclusion and possible difficulties and barriers."

What did you like the least about the training?

- Similar to flash however enjoyed it and very good to learn the differences and also to refresh on skills
- Nothing x 3
- N/A x 3
- I think not having the manual from the beginning sometimes as I do quite like to follow along in books. But as you didn't focus on the manual much it wasn't a massive problem!
- All good

Is there anything that can be done to improve the training?

- Having a few more days so we can go over the last few sessions in more detail.
- N/A x 3
- Very good training. I don't feel it can be improved.
- Maybe having some time to discuss how STOP can be adapted to our specific services if we are not sure. Although you did say we could get in contact after, but perhaps time during / post session
- Training was good cannot think of any improvement areas at this stage.
- It couldn't be improved. I would have liked the training to be closer to home but I have really enjoyed it.
- Excellent training

I feel the trainers teaching and leadership skill was?

Very Poor	Below Standard	Standard	Above Standard
0	0	0	100%

I feel the trainer's knowledge was?

Very Poor	Below Standard	Standard	Above Standard
0	0	0	100%

I feel the group discussion was?

Very Poor	Below Standard	Standard	Above Standard
0	0	0	100%

Any other comments?

- Thank you so much!!
- Really enjoyable training 🙌 😊
- I fully enjoyed all aspects of the Stop parenting programme.
- Thank you for being so helpful.
- No
- Thank you, ladies!
- Really good training that I will utilise as part of my practice moving forward.
- Thankyou. I thought Stop was so interesting and will support me in my current role as an fsw.
- No all good I would highly recommend

For more information, please contact administration@theministryofparenting.com