

Pit – STOP

Training levels

level	Professional background requirement	Training	Supervision requirements
1 Pit-STOP FACILITATOR	Background in working with young adolescents and their families. Excellent interpersonal skills and an understanding of social learning theory	3 Days STOP Training and 1-day Pit-STOP training Group Skills Training or equivalent	Recommended to have at least monthly clinical supervision and peer group supervision (if available)
2 APPROVED Pit-STOP FACILITATOR	As above	As above, plus; To facilitate at least 2 complete Pit-STOP programmes. Supervision is required for at least one of the complete programmes. Application form and evaluation data from 2 programmes delivered	Supervision fortnightly with a Pit-STOP author or level 3 or 4 Pit-STOP trainer.
3 Pit-STOP TRAINER	As above; as well as qualification in teaching in adult learning i.e. PETALS and a clinical qualification at degree level	As above; as well as co leading a training alongside a Pit- STOP author or level 4 Trainer. If level 4 trainer then video footage of training must be sent to Jeannie Gordon or Debbi Barnes before approval.	On-going supervision at least monthly with Pit-STOP author or level 4 trainer. Attendance at STOP and Pit STOP consultation days (where available)
4 STRATEGIC Pit -STOP TRAINER	As above; To hold position of strategic lead for their service area	As above; as well as co training alongside one of the Pit-STOP authors	As above; as well as regular communication with the Pit-STOP authors