



Teen FLASH Group Leader Professionals Training

Teen FLASH is a group programme for young people (11-16) who are self-harming. The group programme is designed to be delivered by 2 trained facilitators over 5 workshops sessions. Teen FLASH can be a standalone group programme for young people or can be delivered alongside the FLASH parents group programme. You do not have to be trained in FLASH to attend this training.

This 3-day multi-agency training course aims to deliver the values and key principles of the Teen FLASH group programme alongside the delivery content of the actual programme. This will allow course participants to:

- Understand the essential methodologies for implementing a Teen FLASH young person's group programme
- Provide practical, achievable strategies for young people attending a Teen FLASH programme.

Programme manual is provided on the training

Training Dates: 28th, 29th & 30th September 2026

Venue: Venue: The Oaktree Community Hall, Colchester, CO4 3DH, Essex

Time: 9.00 coffee, 09.15 start – 16:30 finish

Cost: £ 450

(10% discount given if 3 or more staff from one service apply. 10% discount given to charities and CIC's)

To apply for a place, please complete our training application form

<https://theministryofparenting.com/resource-form/training-application-form/>