



Positive affirmation cards

Print them off and laminate

Don't
waste your
beautiful
mind on
ugly
thoughts



Happiness
doesn't
depend upon
who you are
or what you
have...

...it
depends
on what
you think.





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Without
a
vision
for
your
future...



you will
always
return
to your
past.



Happiness
doesn't
depend
upon who
you are
or what
you have...



...it
depends
on what
you
think.





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Believe
you
can...

...and
you are
half
way
there



The
hardest
prison to
escape
is in
your mind

