

Group Facilitator checklist



Workshop Two

Items required for the session

Do you have?	Yes	No
List of attendees and relevant contact numbers		
Key for venue		
Radio or some way to play music		
Flip chart stand or sticky stand up flip chart		
Flip chart paper and marker pens		
Folders or boxes for young people's handouts		
Refreshments (drinks and snacks)		
Sticky name labels		
Attendance form/signing in sheet		
Pre & post scaling tools (MEH scale and/or Tree)		
Weekly post group evaluation forms		
Blank paper and felt pens/pens		

Handouts

Sticky square notes		
Welcome activity i.e. mindful colouring sheets or similar		
Treat bag (if budget allows)		
Giant tumbling tower game		
Lego pieces and uncomplicated made-up Lego shapes/models in a lunchbox or takeaway size box.		
Folders (2) per team		
Simple line drawing pictures found on appropriate websites		

Please turn over

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Items required for the session

Do you have?

Yes

No

Envelopes for line drawings

A4 paper & pens

'I' statement cards

Handouts

I statement handout

Communication styles

Communication tips

Scaling question paperwork (facilitators chosen option)

Typed up handouts from workshop one

Appendix

Sample origami explanation

Evaluation paperwork

Goldilocks story

True/False Goldilocks sheet

Goldilocks story answers

Lego game room set up

Simple line drawing examples

Support Net Activity sheet

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To do	Yes	No
Write agenda on the board	☐	☐
Welcome activity	☐	☐
Catch up from workshop one if needed	☐	☐
Where am I now? (Evaluations)	☐	☐
Communication origami activity	☐	☐
Lego game activity	☐	☐
Linking communication and self-harm	☐	☐
Drawing game activity	☐	☐
Improving communication	☐	☐
Talking and communication our own needs	☐	☐
Styles of communication	☐	☐
'I' statements activity	☐	☐
Goldilocks activity	☐	☐
Support Network	☐	☐
Ending evaluations	☐	☐

Reminders from previous workshops:

Ensure that you have up on the wall on a flip chart or similar the list of alternative ways of coping that the young people came up with during the previous workshops – add to the list this week as ideas come up.

Notes from today's workshop



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Notes from today's workshop

A large rectangular area for taking notes, filled with a light blue dotted grid pattern. The grid consists of small dots spaced evenly across the page, providing a guide for handwriting.