



THE MINISTRY OF PARENTING

What we have been up to in 2024 – a brief synopsis

We have continued to concentrate on the training delivery of the Incredible Years, STOP and FLASH programme, SHARPS (Supporting Holistic Approaches-Risk, Parents & Self-Harm) trainings and the development of the TEEN FLASH manual and training. Our hope is this will enable more services across the county and country to be equipped to deliver groups and interventions to parents and young people.

From the 1st of April 2023 to 31st December 2024, we have trained **763** professionals (655 face-to-face and 106 online).

	Training programme	Number of professionals trained
Face to face trainings	FLASH	114
	SHARPS	171
	Group skills	20
	Incredible Years Baby	125
	Incredible Years Preschool/Toddler	99
	Incredible years School Aged	34
	Incredible Years Consultation	12
	STOP	33
	Pit STOP	29
	Parenting Strategies Toolkit	18
Online trainings	Incredible Years Baby	61
	Incredible years School Aged	31
	Incredible years Home Coaching	14
Total		763

We delivered our face-to-face trainings in Essex, Winchester, Warwickshire, Durham, Blacknell, Lincoln, Manchester, and Dorset.

Our online training was hosted by Incredible Years Seattle, and we had professionals from across the UK, Ireland, across USA, Thailand, Finland, New Zealand, and India.

In addition to the trainings, we also offered Incredible Years, STOP and FLASH one to one and peer supervision to professionals.

The funding for the trainings has mainly come from service commissioning. We have streamlined our outgoings to ensure we can offer our trainings at the lowest cost possible without compromising the quality of the training. Profit from the trainings support us in being able to offer training discounts to charities. We were successful in obtaining a training grant to provide free Incredible Years School aged and consultation

training to professionals in Essex. Alongside the grant we provided 8 organisations with the necessary programme manual and DVDs to enable them to run their groups. We also received a funding grant to provide free STOP and Pit-STOP trainings to professionals across Essex. The positive feedback from these training inspired us to apply for a grant for further trainings in 2025.

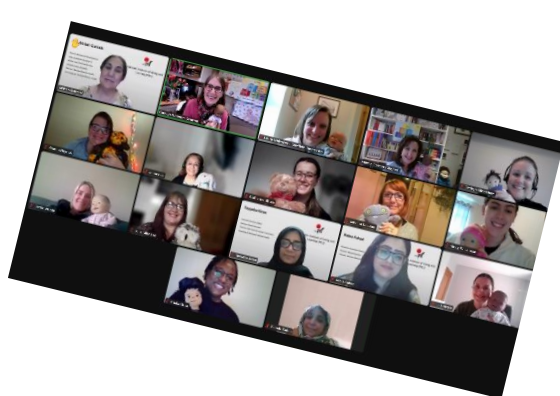
We have continued to develop resources for the SHARPS training workbook. The workbook is provided to everyone who attends a SHARPS training and continues to support practitioners on practical strategies and guidance to safely managing self-harm thoughts/behaviours in young people aged 11- 17 years old.

We have completed and produced the Teen FLASH manual. We have formulated the training programme and plan to start the Teen FLASH training in April 2025.

We would like to thank the commissioners, grant funders and trainees who have entrusted their time and resources in our training. Plus, a big shout out to our independent trainers who have supported us this year.

We are excited for 2025.....

Some of our trainees...



Debbi Barnes & Jeannie Gordon (MoP Directors and Trainers)